













# February 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>1</u> 9 AM - Tone Flex &amp; Aerobics <b>10:00 AM - 11:30 AM</b> <b>Great Pharaohs of Ancient Egypt</b> 4 wk DVD series.  <b>10:00 AM - 12:30 PM Bridge Instruction</b> Beginners 9 classes \$30+book 12:00 PM Bridge</p>	<p><u>2</u> 9:30 AM Canasta 11:00 AM Tai Chi/Qi Gong 1:00 PM Arts &amp; Crafts</p>	<p><u>3</u> 9:00 AM Tone &amp; Flex 9:30 AM Mah Jongg 10:00 AM Scrabble 1:00 PM Nifty Knitters</p>	<p><u>4</u> <b>9:30 AM - 2:00 PM Free Tax Aide by Appt.</b> <b>10:00 AM Drawing on the Right Side of the Brain</b> 11:00 AM Tai Chi/Qi Gong</p>	<p><u>5</u> 9 AM - Tone Flex &amp; Aerobics 10:00 AM Reflections I  <b>11:00 AM For Men Only--Review of Current Events</b> <b>11:30 AM Gentle Yoga</b> 12:00 PM Bridge <b>12:30 PM "Soup"erbow!</b> Sign up to bring a pot of soup to share or \$5 donation  <b>1:00 PM Cinema#1</b> "The Express" Sports Drama. D. Quaid, R. Brown</p>
<p><u>8</u> 9 AM - Tone Flex &amp; Aerobics <b>10:00 AM - 11:30 AM</b> <b>Great Pharaohs of Ancient Egypt</b> 4 wk DVD series. <b>10:00 AM - 12:00 PM Advanced Digital Photography Workshop</b>  <b>10:00 AM - 12:30 PM Bridge Instruction</b> Beginners 9 classes \$30+book 12:00 PM Bridge <b>2:00 PM Reflections II</b></p>	<p><u>9</u> 9:30 AM Canasta  <b>10:00 AM Book Club</b> "The Help" by Kathryn Stockett 11:00 AM Tai Chi/Qi Gong  <b>12:00 PM Ah Sweet Love</b> Desserts &amp; tea after 1:00 PM Arts &amp; Crafts</p>	<p><u>10</u> 9:00 AM Tone &amp; Flex <b>9:30 AM Investment Club</b> 9:30 AM Mah Jongg 10:00 AM Scrabble 1:00 PM Nifty Knitters</p>	<p><u>11</u> <b>9:30 AM - 2:00 PM Free Tax Aide by Appt.</b> <b>10:00 AM Drawing on the Right Side of the Brain</b> <b>10:00 AM - 12:00 PM Advanced Digital Photography Workshop</b> 11:00 AM Tai Chi/Qi Gong <b>1:00 PM - 3 PM S.H.I.P.</b> CALL FOR APPOINTMENT</p>	<p><u>12</u> 9:00 AM Tone&amp;Flex pymt due 10:00 AM Reflections I <b>11:30 AM Gentle Yoga</b> 12:00 PM Bridge  <b>12:30 PM Cinema#2</b> "Nothing But the Truth" Thriller. K. Beckinsale, M. Dillon</p>
<p><u>15</u></p>  <p><b>Center Closed</b></p> <hr style="border: 1px solid black;"/> <p><b>Presidents' Day</b></p>	<p><u>16</u> 9:30 AM Canasta 11:00 AM Tai Chi/Qi Gong 1:00 PM Arts &amp; Crafts</p>	<p><u>17</u> 9:00 AM Tone &amp; Flex 9:30 AM Mah Jongg 10:00 AM Scrabble  <b>12:00 PM Birthday Celebration</b> 1:00 PM Nifty Knitters</p>	<p><u>18</u> <b>9:30 AM - 2:00 PM Free Tax Aide by Appt.</b> <b>10:00 AM Watercolor Workshop</b> Ed Schuh teaches--all levels 11:00 AM Tai Chi/Qi Gong</p>	<p><u>19</u> 9 AM - Tone Flex &amp; Aerobics 10:00 AM Reflections I <b>11:30 AM Gentle Yoga</b> New session begins 12:00 PM Bridge  <b>12:30 PM Cinema#3</b> "Ghost Town" Romantic Comedy. Rick Gervais, T. Leoni</p>
<p><u>22</u> 9 AM - Tone Flex &amp; Aerobics <b>10:00 AM - 11:30 AM</b> <b>Great Pharaohs of Ancient Egypt</b> 4 wk DVD series. <b>10:00 AM - 12:00 PM Advanced Digital Photography Workshop</b>  <b>10:00 AM - 12:30 PM Bridge Instruction</b> Beginners 9 classes \$30+book 12:00 PM Bridge <b>2:00 PM Reflections II</b></p>	<p><u>23</u> 9:30 AM Canasta 11:00 AM TaiChi-Pymt due 1:00 PM Arts &amp; Crafts</p>	<p><u>24</u> 9:00 AM Tone &amp; Flex 9:30 AM Mah Jongg 10:00 AM Scrabble 1:00 PM Nifty Knitters</p>	<p><u>25</u> <b>9:30 AM - 2:00 PM Free Tax Aide by Appt.</b> <b>10:00 AM Watercolor Workshop</b> Ed Schuh teaches--all levels <b>10:00 AM - 12:00 PM Advanced Digital Photography Workshop</b> 11:00 AM Tai Chi/Qi Gong</p>	<p><u>26</u> 9 AM - Tone Flex &amp; Aerobics 10:00 AM Reflections I <b>11:30 AM Gentle Yoga</b> 12:00 PM Bridge  <b>12:30 PM Cinema#4</b> "My Sister's Keeper" Drama. A. Breslin, C. Diaz</p>