











June 2010

Senior Center Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	<u>1</u> 9:30 AM Canasta 11:00 AM Tai Chi/Qi Gong	<u>2</u> 9:00 AM Tone & Flex 9:30 AM Mah Jongg 10:00 AM Scrabble 1:00 PM Nifty Knitters	<u>3</u> 10:00 AM Watercolor Workshop 11:00 AM Tai Chi/Qi Gong  12:30 PM Cinema#1 "Ballet Shoes" Drama. Emilia Fox, Emma Watson	<u>4</u> 9:00 AM Tone & Flex 10:00 AM Reflections I 10:30 AM Fathers' Day Breakfast  11:00 AM For Men Only--Review of Current Events 11:30 AM Gentle Yoga <div style="border: 1px solid black; padding: 2px; text-align: center;">Center Closes at 1 pm</div>
<u>7</u> 9:00 AM Tone & Flex 10:00 AM - 11:30 AM --- Experiencing Rome: A Visual Exploration of Antiquity's Greatest Empire Great Courses DVD series 12:00 PM Bridge	<u>8</u> 9:30 AM Canasta  10:30 AM Book Club "Sunflowers" by S. Bundrick 11:00 AM Tai Chi/Qi Gong  12:00 PM Soda Shop 12:30 PM Music of the 1950's Prof Stephen Marcone	<u>9</u> 9:00 AM Tone & Flex 9:30 AM Investment Club 9:30 AM Mah Jongg 10:00 AM Scrabble 1:00 PM Nifty Knitters	<u>10</u> 10:00 AM Watercolor Workshop  10:00 AM - 3:00 PM GARDEN TOUR Sr Center fundraiser 11:00 AM Tai Chi/Qi Gong  12:30 PM Cinema#2 "Danny Deckchair" Indie Comedy. R. Ifans 1:00 PM -3 PM S.H.I.P.	<u>11</u> 9:00 AM Tone & Flex 10:00 AM Reflections I 11:30 AM Gentle Yoga <div style="border: 1px solid black; padding: 2px; text-align: center;">Center Closes at 1 pm</div>
<u>14</u> 9:00 AM Tone & Flex 10:00 AM - 11:30 AM --- Experiencing Rome: A Visual Exploration of Antiquity's Greatest Empire Great Courses DVD series 12:00 PM Bridge 2:00 PM Reflections II	<u>15</u> 9:30 AM Canasta 11:00 AM Tai Chi/Qi Gong  12:30 PM Osteoarthritis: An Overview Educational program about treatments for knee and hip issues by Exercise Physiologist.	<u>16</u> 9:00 AM Tone & Flex 9:30 AM Mah Jongg 10:00 AM Scrabble  12:00 PM Birthday Celebration 1:00 PM Nifty Knitters	<u>17</u> 11:00 AM TaiChi-Pymt due 11:00 AM Trip Advisors Help with future trip planning  12:30 PM Cinema#3 "Blind Side" Drama. Sandra Bullock, Kathy Bates	<u>18</u> 9:00 AM Tone & Flex 10:00 AM Reflections I 11:30 AM Gentle Yoga <div style="border: 1px solid black; padding: 2px; text-align: center;">Center Closes at 1 pm</div>
<u>21</u> 9:00 AM Tone & Flex 10:00 AM - 11:30 AM --- Experiencing Rome: A Visual Exploration of Antiquity's Greatest Empire Great Courses DVD series 12:00 PM Bridge	<u>22</u> 9:30 AM Canasta 11:00 AM Tai Chi/Qi Gong	<u>23</u> 9:00 AM Tone & Flex 9:30 AM Mah Jongg 10:00 AM Scrabble 1:00 PM Nifty Knitters	<u>24</u> 11:00 AM Tai Chi/Qi Gong  12:30 PM Cinema#4 "Conversaciones Con Mama" Argentinian Dramey	<u>25</u> 9:00 AM Tone & Flex 10:00 AM Reflections I 11:30 AM Gentle Yoga <div style="border: 1px solid black; padding: 2px; text-align: center;">Center Closes at 1 pm</div>
<u>28</u> 10:00 AM - 11:30 AM --- Experiencing Rome: A Visual Exploration of Antiquity's Greatest Empire Great Courses DVD series 12:00 PM Bridge 2:00 PM Reflections II	<u>29</u> 9:30 AM Canasta 9:30 AM - 6:45 PM Trip to NYC--King Tut exhibit & Circle Line Cruise 11:00 AM Tai Chi/Qi Gong	<u>30</u> 9:30 AM Mah Jongg 10:00 AM Scrabble 1:00 PM Nifty Knitters		