













# March 2010

## Senior Center Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>1</u> 9:00 AM Tone &amp; Flex <b>10:00 AM - 11:30 AM</b> <b>Great Pharaohs of Ancient Egypt</b> 4 wk DVD series.  <b>10:00 AM - 12:30 PM Bridge Instruction</b> 12:00 PM Bridge</p>	<p><u>2</u> 9:30 AM Canasta 11:00 AM Tai Chi/Qi Gong 1:00 PM Arts &amp; Crafts</p>	<p><u>3</u> 9:00 AM Tone &amp; Flex 9:30 AM Mah Jongg <b>10:00 AM Drawing on the Right Side of the Brain</b> New 6-wk session 10:00 AM Scrabble 1:00 PM Nifty Knitters</p>	<p><u>4</u> <b>9:30 AM - 2:00 PM Free Tax Aide by Appt.</b> <b>10:00 AM Watercolor Workshop</b> Ed Schuh teaches--all levels 11:00 AM Tai Chi/Qi Gong <b>12:30 PM Golf Instruction</b> 6 wk session</p>	<p><u>5</u> 9:00 AM Tone &amp; Flex  <b>11:00 AM For Men Only--Review of Current Events</b> <b>11:30 AM Gentle Yoga</b> 12:00 PM Bridge <b>12:30 PM Academy Award Pre-Party...Ballots due</b>  <b>1:00 PM Cinema#1</b> "Julie &amp; Julia" Dramedy. M. Streep</p>
<p><u>8</u> 9:00 AM Tone &amp; Flex <b>10:00 AM Fly with Me to Egypt</b> narrated travelogue <b>10:00 AM - 12:00 PM Digital Photo Workshop</b>  <b>10:00 AM - 12:30 PM Bridge Instruction</b> 12:00 PM Bridge <b>2:00 PM Reflections II</b></p>	<p><u>9</u> 9:30 AM Canasta  <b>10:00 AM Book Club</b> Breath, Eyes, Memory by Edwidge Danticat 11:00 AM Tai Chi/Qi Gong 1:00 PM Arts &amp; Crafts</p>	<p><u>10</u> 9:00 AM Tone &amp; Flex <b>9:30 AM Investment Club</b> 9:30 AM Mah Jongg <b>10:00 AM Drawing on the Right Side of the Brain</b> New 6-wk session 10:00 AM Scrabble 1:00 PM Nifty Knitters</p>	<p><u>11</u> <b>9:30 AM - 2:00 PM Free Tax Aide by Appt.</b> <b>10:00 AM Watercolor Workshop</b> Ed Schuh teaches--all levels <b>10:00 AM - 12:00 PM Digital Photo Workshop</b> 11:00 AM Tai Chi/Qi Gong <b>12:30 PM Golf Instruction</b> 6 wk session <b>1:00 PM - 3 PM S.H.I.P.</b> CALL FOR APPOINTMENT</p>	<p><u>12</u> 9:00 AM Tone &amp; Flex <b>11:30 AM Gentle Yoga</b> 12:00 PM Bridge  <b>12:30 PM Cinema#2</b> "Angels &amp; Demons" Thriller. T. Hanks</p>
<p><u>15</u> 9:00 AM Tone &amp; Flex <b>10:00 AM - 12:00 PM Digital Photo Workshop</b>  <b>10:00 AM - 12:30 PM Bridge Instruction</b> 12:00 PM Bridge</p>	<p><u>16</u> 9:30 AM Canasta 11:00 AM Tai Chi/Qi Gong 1:00 PM Arts &amp; Crafts</p>	<p><u>17</u> 9:00 AM Tone &amp; Flex 9:30 AM Mah Jongg <b>10:00 AM Drawing on the Right Side of the Brain</b> New 6-wk session <b>10:00 AM Photography Club</b> 10:00 AM Scrabble  <b>12:00 PM St Patrick's Day &amp; Birthday Celebration</b> 1:00 PM Nifty Knitters</p>	<p><u>18</u> <b>9:30 AM - 2:00 PM Free Tax Aide by Appt.</b> <b>10:00 AM Watercolor Workshop</b> Ed Schuh teaches--all levels <b>10:00 AM - 12:00 PM Digital Photo Workshop</b> 11:00 AM Tai Chi/Qi Gong <b>12:30 PM Golf Instruction</b> 6 wk session</p>	<p><u>19</u> 9:00 AM Tone &amp; Flex <b>11:30 AM Gentle Yoga</b> 12:00 PM Bridge  <b>12:30 PM Cinema#3</b> "Kinky Boots" British comedy. J. Edgerton</p>
<p><u>22</u> 9:00 AM Tone &amp; Flex  <b>10:00 AM - 12:30 PM Bridge Instruction</b> 12:00 PM Bridge <b>2:00 PM Reflections II</b></p>	<p><u>23</u> 9:30 AM Canasta 11:00 AM Tai Chi/Qi Gong 1:00 PM Arts &amp; Crafts</p>	<p><u>24</u> 9:00 AM Tone &amp; Flex 9:00 AM Tone&amp;Flex pymt due 9:30 AM Mah Jongg <b>10:00 AM Drawing on the Right Side of the Brain</b> New 6-wk session 10:00 AM Scrabble 1:00 PM Nifty Knitters</p>	<p><u>25</u> <b>9:30 AM - 2:00 PM Free Tax Aide by Appt.</b> <b>10:00 AM Watercolor Workshop</b> Ed Schuh teaches--all levels 11:00 AM Tai Chi/Qi Gong <b>12:30 PM Golf Instruction</b> 6 wk session</p>	<p><u>26</u> 9:00 AM Tone &amp; Flex <b>11:30 AM Gentle Yoga</b> 12:00 PM Bridge  <b>12:30 PM Cinema#4</b> "The Rape of Europa" Docudrama</p>
<p><u>29</u> 9:00 AM Tone &amp; Flex  <b>10:00 AM - 12:30 PM Bridge Instruction</b> 12:00 PM Bridge</p>	<p><u>30</u> 9:30 AM Canasta 11:00 AM Tai Chi/Qi Gong 1:00 PM Arts &amp; Crafts</p>	<p><u>31</u> 9:00 AM Tone &amp; Flex 9:30 AM Mah Jongg <b>10:00 AM Drawing on the Right Side of the Brain</b> New 6-wk session 10:00 AM Scrabble 1:00 PM Nifty Knitters</p>		