







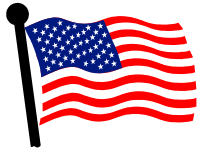


May 2010

Senior Center Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>3</u> 9:00 AM Tone & Flex 10:00 AM - 11:30 AM ---- <i>Experiencing Rome: A Visual Exploration of Antiquity's Greatest Empire</i> DVD series from Great Courses 12:00 PM Bridge</p>	<p><u>4</u> 9:30 AM Canasta 11:00 AM Tai Chi/Qi Gong 1:00 PM Arts & Crafts</p>	<p><u>5</u> 9:00 AM Tone & Flex 9:30 AM Mah Jongg 10:00 AM Scrabble 1:00 PM Nifty Knitters</p>	<p><u>6</u> 10:00 AM Watercolor Workshop Ed Schuh teaches--all levels 11:00 AM Tai Chi/Qi Gong  12:30 PM Cinema#1 "Up in the Air" Drama, G. Clooney, V. Farmiga</p>	<p><u>7</u> 9:00 AM Tone & Flex 10:00 AM Reflections I  11:00 AM For Men Only--Review of Current Events 11:30 AM Gentle Yoga 12:00 PM Bridge</p>
<p><u>10</u> 9:00 AM Tone & Flex 10:00 AM - 11:30 AM ---- <i>Experiencing Rome: A Visual Exploration of Antiquity's Greatest Empire</i> DVD series from Great Courses 12:00 PM Bridge 2:00 PM Reflections II</p>	<p><u>11</u> 9:30 AM Canasta  10:30 AM Book Club Check at Sr Center for selection 11:00 AM Tai Chi/Qi Gong 1:00 PM Arts & Crafts</p>	<p><u>12</u> 9:00 AM Tone & Flex 9:30 AM Investment Club 9:30 AM Mah Jongg 10:00 AM Scrabble 1:00 PM Nifty Knitters</p>	<p><u>13</u> 10:00 AM Watercolor Workshop Ed Schuh teaches--all levels 11:00 AM TaiChi-Pymt due  12:30 PM Cinema#2 "Boy in the Striped Pajamas" Drama. V. Farmiga, D. Thewlis 1:00 PM -3 PM S.H.I.P. CALL FOR APPOINTMENT</p>	<p><u>14</u> 9:00 AM Tone & Flex 10:00 AM Reflections I 11:30 AM Gentle Yoga 12:00 PM Bridge  12:30 PM Changing World of Journalism Mike Shapiro, Editor of Alternative Press</p>
<p><u>17</u> 9:00 AM Tone & Flex 10:00 AM - 11:30 AM ---- <i>Experiencing Rome: A Visual Exploration of Antiquity's Greatest Empire</i> DVD series from Great Courses 12:00 PM Bridge</p>	<p><u>18</u> 9:30 AM Canasta 11:00 AM Tai Chi/Qi Gong 1:00 PM Arts & Crafts</p>	<p><u>19</u> 9:00 AM Tone & Flex 9:30 AM Mah Jongg 10:00 AM Scrabble 12:00 PM Municipal Alliance Lunch at Sr. Center. Developmental Assets presentation. RSVP by May 14 1:00 PM Nifty Knitters</p>	<p><u>20</u> 11:00 AM Tai Chi/Qi Gong  12:30 PM Cinema#3 "Death at a Funeral" Comedy. M. MacFadyen</p>	<p><u>21</u> 9:00 AM Tone & Flex 10:00 AM Reflections I 11:30 AM Gentle Yoga 12:00 PM Bridge  12:30 PM Friday's Foreign Film "Kolya" Czech drama. 1996 Academy Award winner</p>
<p><u>24</u> 9:00 AM Tone & Flex 10:00 AM - 11:30 AM ---- <i>Experiencing Rome: A Visual Exploration of Antiquity's Greatest Empire</i> DVD series from Great Courses 12:00 PM Bridge 2:00 PM Reflections II</p>	<p><u>25</u> 9:30 AM Canasta 11:00 AM Tai Chi/Qi Gong 1:00 PM Arts & Crafts</p>	<p><u>26</u> 9:00 AM Tone&Flex pymt due 9:30 AM Mah Jongg 10:00 AM Scrabble 1:00 PM Nifty Knitters</p>	<p><u>27</u> 11:00 AM Tai Chi/Qi Gong  12:30 PM Cinema#4 "Precious: Based on the Novel by Sapphire" Indie Drama. Mo'Nique, G. Sidibe</p>	<p><u>28</u> 9:00 AM Tone & Flex 10:00 AM Reflections I 11:30 AM Gentle Yoga 12:00 PM Bridge</p>
<p><u>31</u></p> <div style="text-align: center;">  Center Closed <div style="border: 1px solid black; padding: 5px; display: inline-block;"> Memorial Day </div> </div>				